



Healing goes beyond clinical care.



We've created an environment of holistic offerings and amenities designed to restore peace of mind, strengthen the body and nurture the spirit.





- Sunrise beach meditations to begin the day with peace & clarity
- Fully equipped, modern on-site fitness center
- Weekly acupuncture, massage, and chiropractic care
- Biosound Biobed Therapy to calm the nervous system
- Yoga and yin yoga classes led by an experienced instructor
- Nutritious meals prepared daily by our in-house chef
- A sparkling pool and peaceful outdoor spaces to unwind
- A business center for those who need to stay connected

